

Professional Boundaries Workshop Programme

Time	Topic	Activities
9.45 – 10.00	Morning tea on arrival.	Introductions
10.00 – 10.45	Defining professional boundaries – Definitions and frameworks	Facilitator presentation and group discussion
10.45 – 11.30	Professional, cultural and personal considerations in boundary work – Guidelines for conduct – Complexities of work and life	Group exercises and report back Print resources and exercise sheets, eg. Professional resources, code of conduct, boundary guidelines
11.30 – 12.30	Challenges to maintaining boundaries – “Zone of helpfulness” in relationships – Defining boundary transgressions	Group discussion Facilitator presentation
12.30 – 1.00	Lunch	
1.00 – 1.45	Exploring experiences and examples (examples of themes for groups) – Working and living in rural communities – Gifts, bequests & financial transactions – Intimate and personal relationships – Caring for close friends & family – Managing ‘attractions’ and ‘distractions’	Group work in ‘themes’ and recording ideas and strategies
1.45 – 2.45	Identifying strategies for safe conduct and management of complex and challenging situations – Personal, professional & organisational responsibilities	Presentation of key ideas from each group
2.45 – 3.00	Afternoon tea	
3.15 – 4.00	Summary of key ideas and conclusions	Discussion and facilitator

Certificates for professional development hours are issued to attendees at the end of the day.

**Register for all College events online www.nurse.org.nz
under the [workshops](#) tab.**

Payment may be made by Credit Card, via Online Banking or Cheque. Invoices can be sent to employers on request – see online registration for details.

www.nurse.org.nz

Programme may vary slightly slightly on the day.

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