Nurse practitioner scope of practice

RN prescribing authorisation process

Pam Doole - Strategic policy manager
Ana Shanks - Registration manager

NPNZ Conference April 2017
Number of Nurse prescribers in NZ

Currently

• 14 registered nurse prescribing in primary health and speciality teams

• 51 registered nurse prescribing in diabetes health

• 247 practising nurse practitioners
New nurse practitioner scope of practice

Nurse practitioners have advanced education, clinical training and the demonstrated competence and legal authority to practise beyond the level of a registered nurse. Nurse practitioners work autonomously and in collaborative teams with other health professionals to promote health, prevent disease, and improve access and population health outcomes for a specific client group or community. Nurse practitioners manage episodes of care as the principal healthcare provider in partnership with clients and their families/whanau.
New nurse practitioner scope of practice

Nurse practitioners combine advanced nursing knowledge and skills with diagnostic reasoning and therapeutic knowledge to provide client centred healthcare services including the diagnosis and management of clients with common and complex health conditions. They provide a wide range of assessment and treatment interventions, ordering and interpreting diagnostic and laboratory tests, prescribing medicines within their area of competence, admitting and discharging from hospital and other healthcare services/settings. As clinical leaders they work across healthcare settings, influence health service delivery and the wider profession.
Nurse Practitioner Scope of Practice

- New Competencies
- Refined registration process
- New Education programmes from 2018
# Staircase Qualifications

<table>
<thead>
<tr>
<th>Registered Nurse Prescribing</th>
<th>Nurse Practitioner Scope</th>
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<tr>
<td>• 3 years experience in area of practice</td>
<td>• 4 years experience</td>
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<tr>
<td>• Postgraduate diploma in RN prescribing for long term &amp; common conditions (e.g. asthma, hypertension)</td>
<td>• Masters Specific NP programme with consistent programme outcomes</td>
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<tr>
<td>• Includes a prescribing practicum &amp; assessment against the prescribing competencies by an authorised prescriber</td>
<td>• Minimum of 300 hours of protected learning time (150 can be prescribing practicum)</td>
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<tr>
<td>• 12 months supervised prescribing practice</td>
<td>• Postgraduate diploma in RN prescribing outcomes embedded</td>
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Registered nurse prescribing in primary health and specialty teams

- Within registered nurse scope of practice
- Collaborative prescribing model
- Mentorship during practicum
Organisational support

- Undertake the practicum in an organisation that supports nurse prescribing through policy, audit, peer review and accessibility of continuing education
Consideration for prescribing in primary health and specialty teams

- List of medicines developed with a focus on long term and common conditions.
- Is this the focus of your work with patients?
- Standing orders for acute presentations.
Authorisation process

- Evidence of successful completion of the postgraduate diploma in registered nurse prescribing for long-term and common conditions.
- A current curriculum vitae detailing work history for the previous five years.
- A letter of support from your employer.
- Letter from the prescribing mentor (medical or nurse practitioner)
- Assessment against the prescribing competencies completed by prescribing mentor and academic mentor.
Alternative Pathway

- 4 core papers
- Prescribing practicum
- Assessment against the prescribing competencies
- Supporting evidence
Registered nurse prescribing in community health

- Limited prescribing model
- Managed trial & evaluation 2017 with Countries Manukau DHB and Family Planning New Zealand
- Treat common skin conditions, ear infections, sore throats, rheumatic fever, contraception, common STI’s