Mid-shaft clavicle fracture: conservative management as good as surgery

A recent Alberta Tools for Practice¹ found that: High quality evidence demonstrates no significant long-term differences in patient oriented outcomes (pain, function, return to previous activities, or patient satisfaction) with surgery (plate) compared to conservative management.

Approximately 20-38% of surgery patients require a second operation for plate removal.

Reference:

1. Alberta Tools for Practice #212. Clavicle Fractures: To plate or not to plate, that is the question. <u>Click here</u>

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