

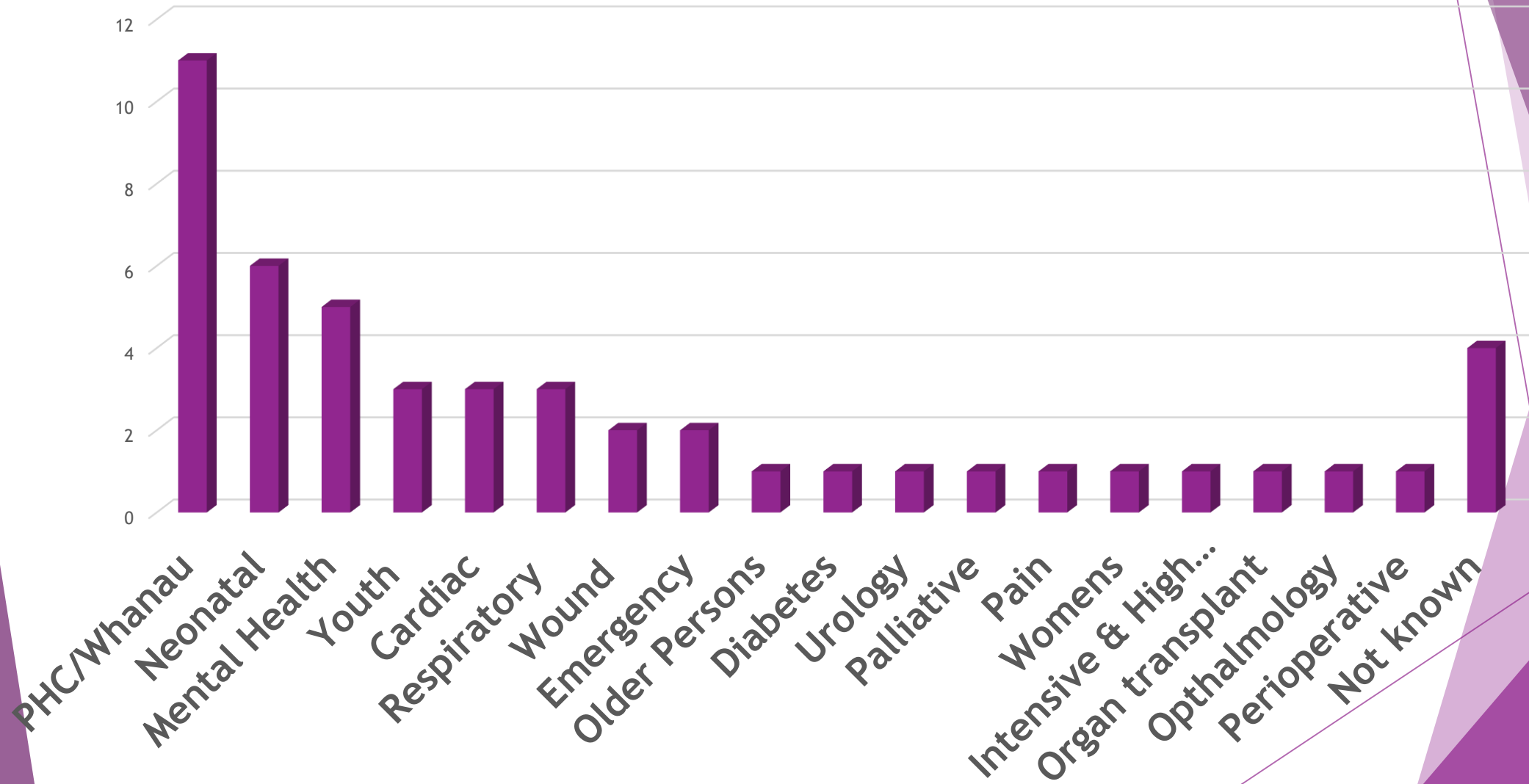
ALTERNATIVE OPTIONS: WHERE CAN WE GO?

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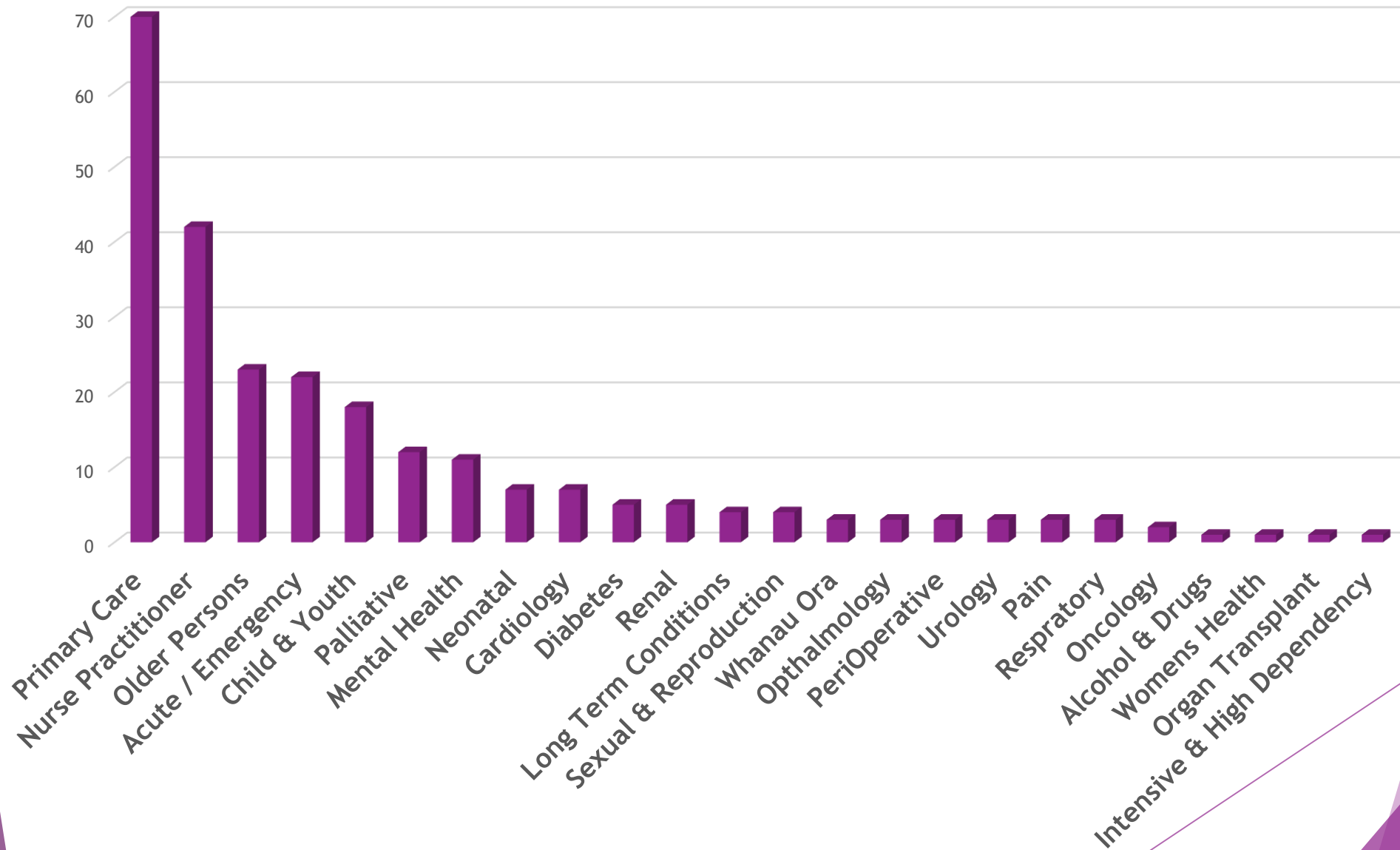
It's 2001...



We began with..



We now have..



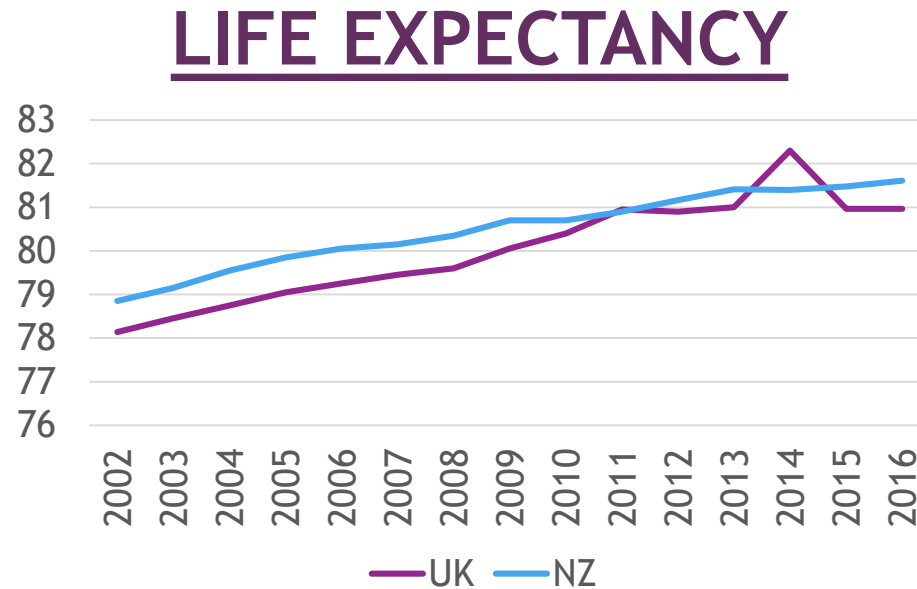
“New Zealand is behind...”

BUT we are not...



Prompts for Nurse Practitioners

- ▶ Increasing population
- ▶ Increasing life expectancy
- ▶ ‘Better, sooner, more convenient care’
- ▶ Increasing pressure on healthcare services
- ▶ Financial restraints
- ▶ Recruitment issues





My evolving position in New Zealand

- ▶ Advanced Clinical Practitioner in the UK in Emergency Medicine
 - ▶ Advanced scope and level
 - ▶ Accreditation
 - ▶ Lone practice
 - ▶ Greater acceptance
-
- ▶ Urgent and Emergency Care in New Zealand



Brave the Adventure: the challenges

- ▶ Acceptance
- ▶ Moving from an 'established' position to not quite so 'accepted' position
- ▶ Large scope of practice accredited to small scope realized

- ▶ Appreciate the difference
- ▶ Accept the tentativeness
- ▶ Embrace the challenge
- ▶ Maintain the strength

Example of Opportunities: Urgent & Emergency Care

- ▶ Emergency / Acute Care Service: Community based
- ▶ Nurse Practitioner led

CHALLENGES:

- ▶ No previous Nurse Practitioner exposure at practice
- ▶ No previous Urgent Care Service
- ▶ Doctors apprehension in the service proposal
- ▶ The ‘unknown’ of the Nurse Practitioner ability and scope
- ▶ Unsure where the Nurse Practitioner fits in the ‘medical field’
- ▶ Introduction into a community with no prior exposure

The End Result

- ▶ ***The Urgent Care Service:***
 - ▶ Operational just over a year
 - ▶ Established service in the community
 - ▶ Extended scope of care
 - ▶ Reduction admissions to hospital
- ▶ ***Nurse Practitioner status:***
 - ▶ Part of the 'medical' team
 - ▶ Peer, CME, teaching
 - ▶ Resource for emergency medicine for doctors and nurses
 - ▶ Missed when not there!



- ▶ ***Collegial Team:***
 - ▶ Advanced practice and career progression for nurses
 - ▶ Sharing knowledge, experience with GP's

Example of Opportunities: Acute Demand Service

- ▶ Community based acute demand service at home
- ▶ Nurse Practitioner led
- ▶ Work with team of advanced registered nurses
- ▶ DHB already had exposure to Nurse Practitioner

CHALLENGES:

- ▶ Concerns from Primary Care GP's
- ▶ Chosen Nurse Practitioner new to role
- ▶ 'Lost in the system'

Examples of Opportunities: Emergency Department Nurse Practitioner

- ▶ Locum Nurse Practitioner on RMO roster
- ▶ Nurse Practitioner in Emergency Department not embraced position before
- ▶ Clinical Nurse Specialists suitable for progression
- ▶ Fear of the unknown
- ▶ Demonstrate the scope possible


CHALLENGES:

- ▶ Lack of awareness from nursing and medical fraternity
- ▶ Embrace the tentativeness and stay committed

Now is the time

- ✓ Show New Zealand just what we can do
- ✓ Show everyone what healthcare needs
- ✓ Be strong
- ✓ Stand tall
- ✓ Continue to make New Zealand healthcare better every day
- ✓ Be an unstoppable team



A landscape photograph of a road at sunset. The road is paved and has a white dashed line down the center, leading towards the horizon. The sky is filled with dramatic, dark clouds, and the sun is low on the right side, creating a bright glow and lens flare. The surrounding landscape consists of rolling hills and fields of dry, golden-brown grass. The overall mood is contemplative and inspiring.

**THE FIRST STEP TOWARDS GETTING SOMEWHERE
IS TO DECIDE THAT YOU ARE NOT GOING TO STAY
WHERE YOU ARE.**