

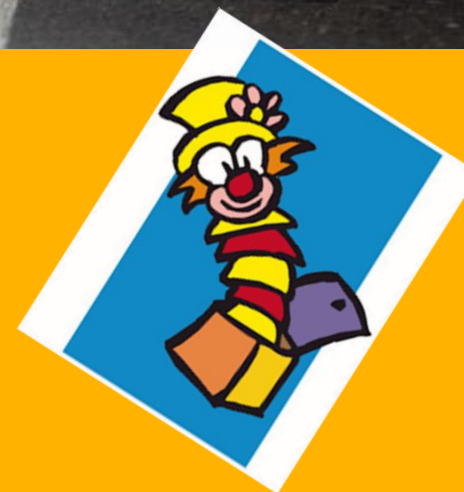


St John
Here for Life



NPNZ Evolution 2019

‘Jack’ in the box, ‘Jack’ out of the box



Jackie Clapperton

**St John
Nurse Practitioner
&
Intensive Care
Paramedic**



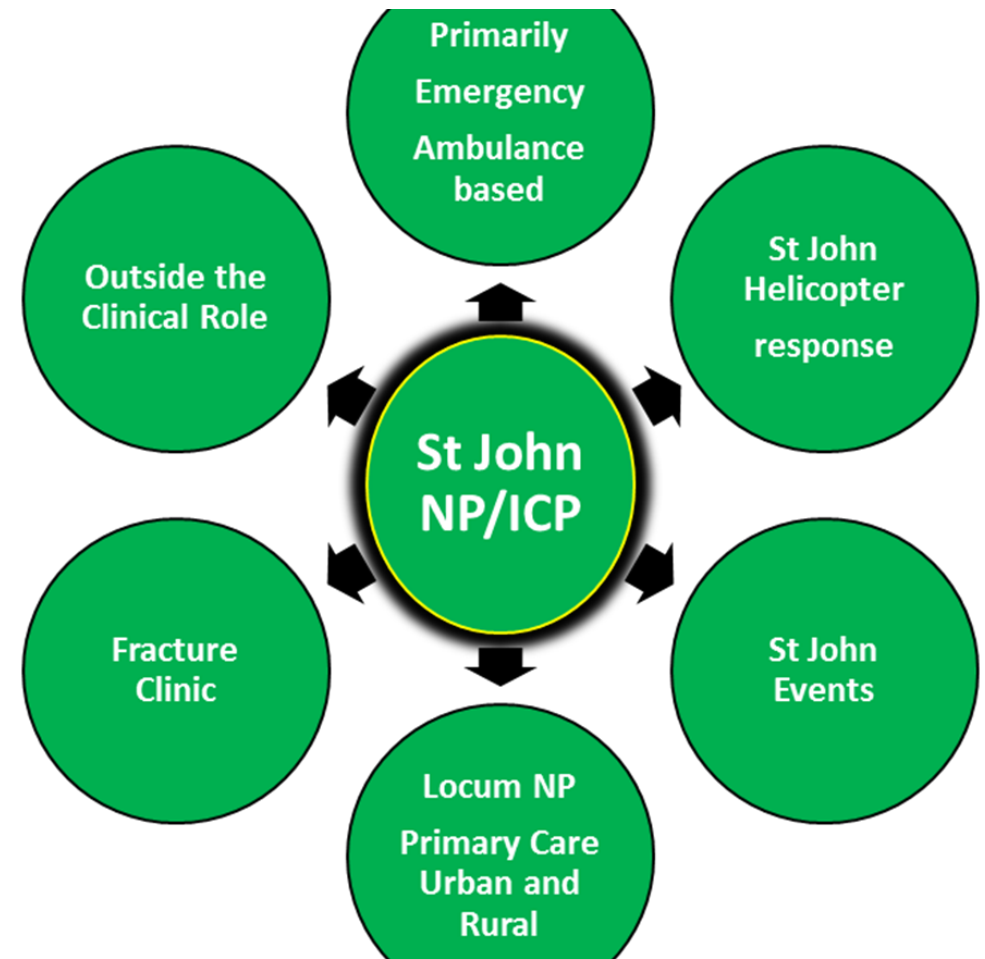
The BOSS



Who am I & what do I do?



Who am I & what do I do?



Two kits to carry

ICP kit and drug Roll & NP Kit





What extra can Jackie do out of the back of the ambulance?

- Prescribe
 - Refer to X-ray and ultrasound
 - Bloods
 - Sutures and staples
 - Catheterise and catheter trouble shoot
 - Patients ACC forms
-
- *This is on top of all the normal ambulance requirements that we are required to do on every job*

Understanding Tairawhiti



- Population base of 45,000
- One ED and five urban GP practices
- Two fully crewed frontline ambulances
- TM in a car
- 20 paid St John staff
- 4 ICP's
- We currently also crew the helicopter

The ICP role continues to evolve every year

- An example being the ability to diagnose STEMI and thrombolyse the patient at the scene, and we then fly direct to PCI in Waikato by helicopter.
- The new St John CPG guidelines about to be rolled also now include many references to taking advice from Nurse Practitioners and situations that Nurse Practitioners now have the ability and responsibility for.



Locum Nurse practitioner role



- When I'm in the 'box'
- When I'm out of the 'box'
- I work for two clinics I have great support
- Always wanting to learn more
- I get to see patients on the road that I see in the clinic

Fracture clinic



WHY?

Events- How a NP makes a difference

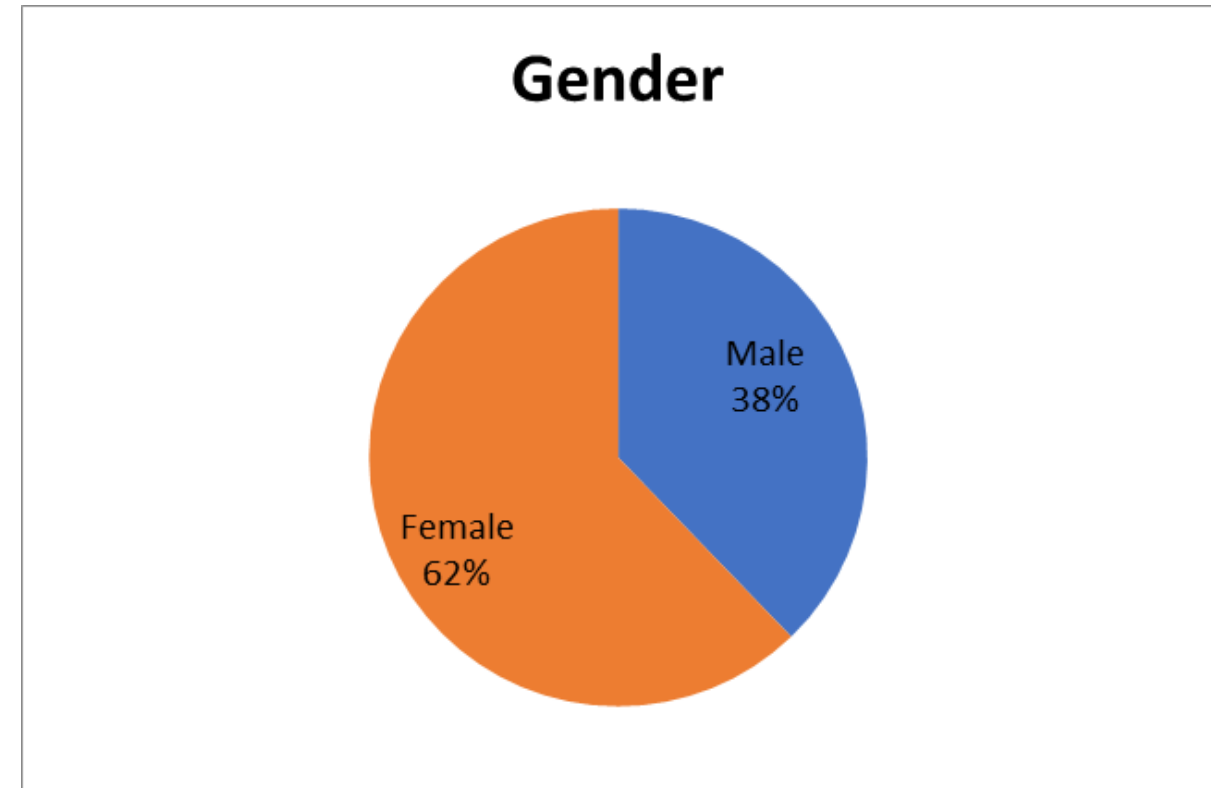
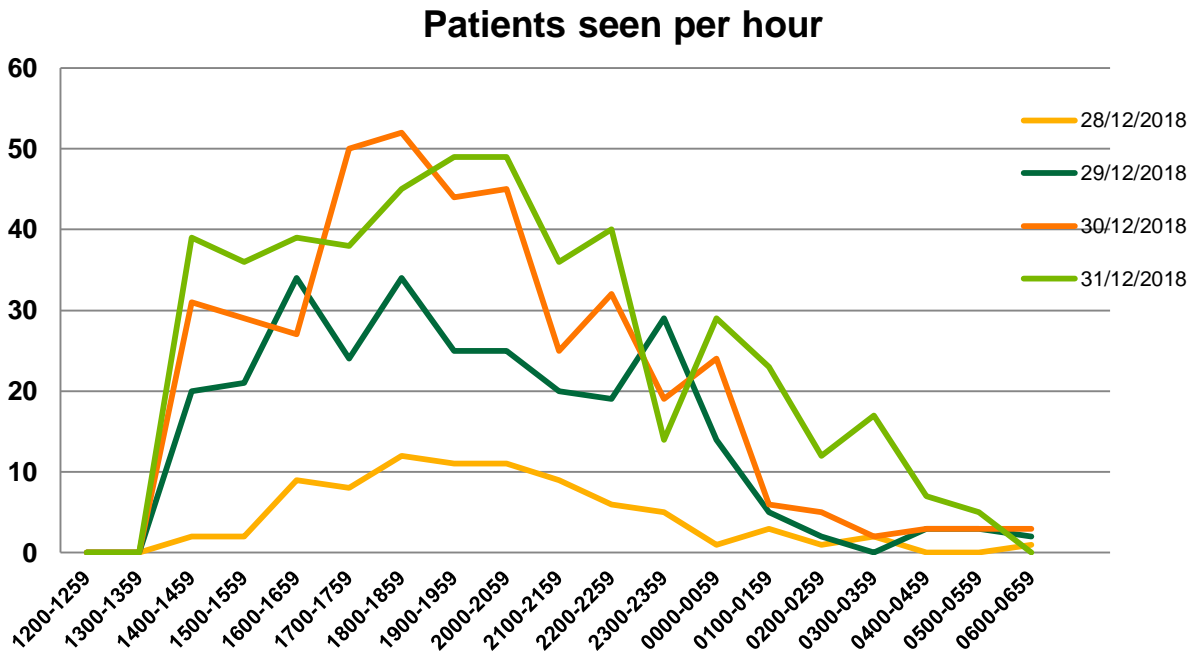
Rhythm & Vines

- 216 hectares
- 12,000 campers
- 20,000+ party goers each night
- 35 staff
- 15,000 man hours
- 1,432 patients triaged by us
- 191 were sent to detox
- 1,241 treated by St John staff
- 6 transported to hospital



Events- How a NP makes a difference

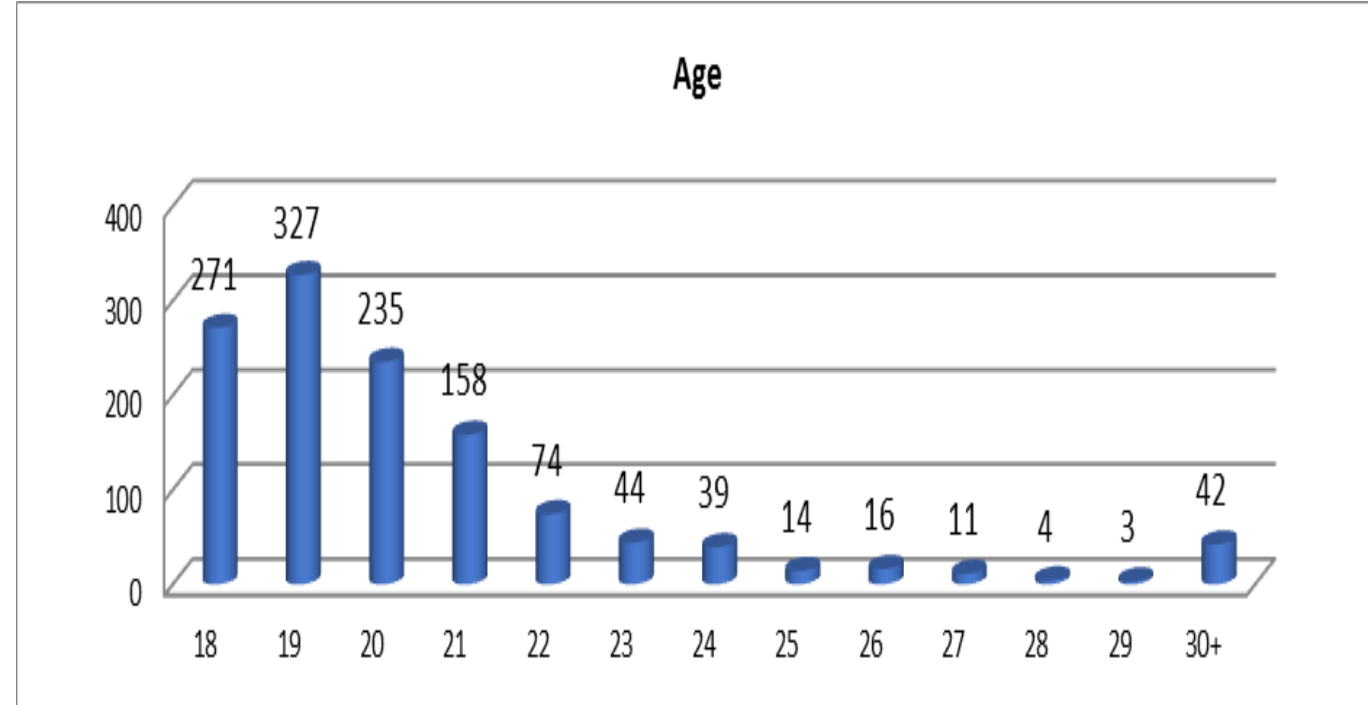
Rhythm & Vines



Events- How a NP makes a difference

Rhythm & Vines

Incident Number	Patient Name	Complaint
0700-1-2018/12/29-A	Sleepy	Concussion
0750-1-2018/12/29-A	Doc	Elbow Dislocation
0817-1-2018/12/29-A	Dopey	Dislocated Hip
0866-1-2018/12/30-A	Grumpy	Fractured Ankle
0911-1-2018/12/30-A	Happy	Over Dose MDMA
0937-1-2018/12/31-A	Bashful	Abdominal Pain



Events- How a NP makes a difference

Rhythm & Vines

- 100 ACC claims made
- 98% were treated on site
- Sutured/stapled/glued
- Back-slabs and referrals
- Specialised dressings (Burns)
- Relocations of joints
- Managing serious unwell patients who have overdosed



Events- How a NP makes a difference

Rhythm & Vines

*On top of this there are
all the medical issues*

- ECP
- Re-prescribed medicine
- UTI's
- Infected wounds
- Medical complaints
- Managing gastro outbreaks

And we get to me some really
interesting people



Outside the clinical role



- Clinical Audit
- Pathways

Pathways

- National: STEMI, SPINAL, STROKE, TRAUMA
- Local: Vulnerable Children
- Smoking cessation
- Managing Demand (Primary Options)
- Healthy Homes
- Diabetes
- Falls
- Respiratory
- Advance Care Planning (ACP)



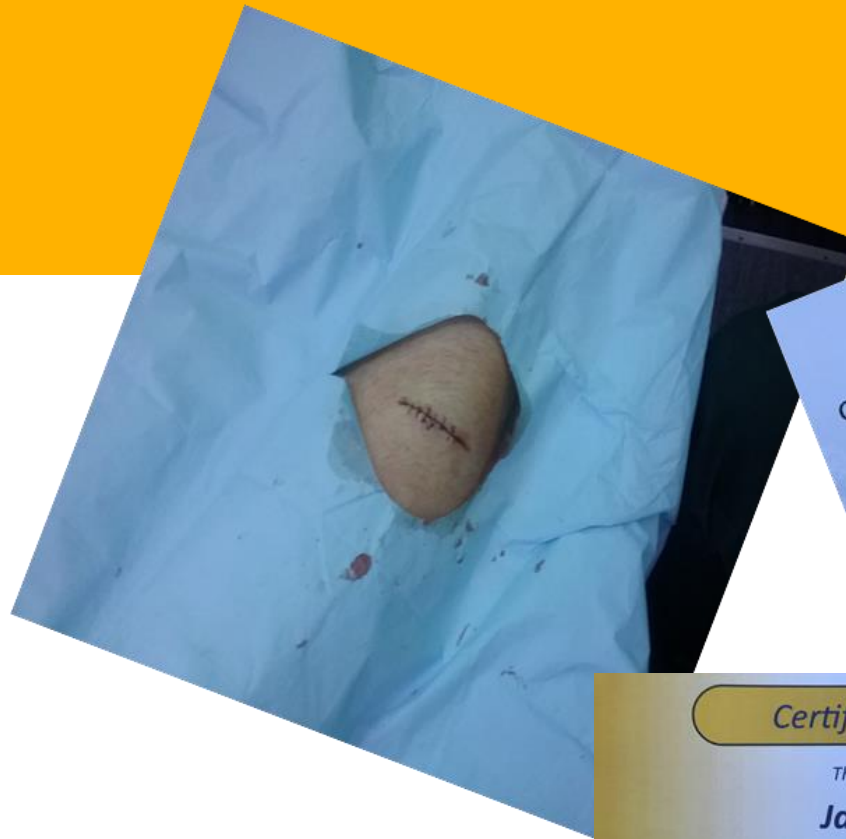
Outside the clinical role



- Clinical audit
- Pathways
- Individual Patient response plans
- Peer review

What next?

- Ultrasound from an ambulance
- ETM
- RSI
- Eyes
- Sports Medicine



In Summary

***“I’m not a Jack of all
trades
but a master of many
I don’t feel that there is
anything that I cant do
if I don’t want to”***

Evil Knievel

