Goodfellow Gems are chosen by Goodfellow Director, Bruce Arroll to be either practice changing or thought provoking. You are being mailed these as you are a member of the Goodfellow learning community.

Sex education for teenagers

Sex education for teenagers is a recurring consideration for parents and health professionals as highlighted by recent media interest.

A quick survey of school health nurses highlighted a list of trusted resources:

- Sex wise: a sexual health programme for secondary school students.
- The light project: safely navigating the pornography landscape.
- Keep it real: tools and advice for parents.
- <u>Te Whāriki Takapou</u>: a Māori health promotion organisation specialising in kaupapa Māori sexuality education.
- <u>Village Collective</u>: empowering Pasifika youth through sexual and reproductive health education.
- <u>BodySafe TiakiTinana</u>: promoting respectful relationships and preventing sexual violence.
- Just the facts: about sexual health and STI's.
- Sex: Youthline sex education.

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