He Ako Hiringa

An introduction to the responsible use of medicines contract

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Who is He Ako Hiringa?

The Health Media

- Publishers of New Zealand Doctor
- Pharmacy Today,
- Healthcare Handbook,
- Everybody Patient Information Sheets and
- ELearning services for primary healthcare professionals

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Data Science and Health research company

Expert Advisory Group

• Key individuals who have a strong understanding of medicines access equity and our priority populations.

Equity Advisor

• A/Prof Sue Crengle



What is He Ako Hiringa?

4-year contract

- PHARMAC
- Responsible use of medicines
 - Overused
 - Underused
 - Misused

Not all New Zealanders are achieving best health outcomes from medicines funded by PHARMAC

- Due to a range of systemic barriers, **Māori** are not able to benefit from medicines in the community in the same way as non-Māori.
- Although not so extensively studied, Pacific peoples and other groups are likely to face similar barriers.



Our Scope of Work

Our primary intervention focus is primary care clinicians (not patients)

Priority populations

- Māori
- Pacific peoples
- Those living in rural locations
- People from former refugee backgrounds
- Those living in high socioeconomic deprivation

Target conditions

- Diabetes
- Asthma
- Gout
- Cardiovascular disease



Medicines access equity

The primary drivers for change to eliminate inequities in access to medicines we have identified are:

Availability – how PHARMAC makes and implements funding decisions so that everyone who is eligible can access funded medicines Affordability – reducing cost barriers so that people can afford funded medicines

Accessibility – ensuring people don't face challenges getting to see a prescriber or to the pharmacy

Acceptability – the ability of health services to create trust, so patients are informed and engaged enough to accept the medicines they've been prescribed

Appropriateness – the adequacy and quality of prescribing to ensure equitable health outcomes

OF GOUT IS 4X HIGHER IN MÃOR AGED 20-44 YEAR 6

THE PREVALENCE

EVIDENCE OF INEQUITY HOSPITAL ADMISSION RATES FOR ASTHMA

11.8/1000

8.1/1000

/1000

HIGHER IN PACIFIC PEOPLES AGED 20-44 YEARS

THAN NON-MÃORI, NON-PACIFIC POPULATIONS



MĂORI AND PACIFIC PEOPLES ARE LESS LIKELY TO RECEIVE REGULAR URATE-LOWERING THERAPY THAN NON-MĂORI, NON-PACIFIC PEOPLES

Source: Health Quality & Safety Commission, 2018

He Ako Hiringa Approach

- Free education and awareness resources (podcasts, articles, webinars, video, emails)
- Prescribing reports
- Sector engagement and collaboration



Medicine Access Equity: A call to action

Do you need help improving your understanding of medicine access equity issues? In this video you will hear from a number of primary healthcare professionals who are working to improve equity outcomes in the services they provide to patients

Equity Video





EPiC Dashboard

- Allows primary care clinicians to explore prescribing trends for their patients and practice patients
- Benchmarks with peer prescribers and practices similar to them as well as national averages
- Interactive features offer users the ability to filter data to create data views specific to their needs allowing them to reflect on their own, or their practices prescribing practices





Data





Dashboard Demonstration





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