

 Goodfellow Gems are chosen by Goodfellow Director, Bruce Arroll to be either practice changing or thought provoking. You are being mailed these as you are a member of the Goodfellow learning community.

Podcast series on Māori health: "Getting Better - A Year in the Life of a Māori Medical Student."

Emma Espiner is Māori (Ngāti Tukorehe, Ngāti Porou), a graduate doctor (class of 2020) and an award-winning writer. She is the presenter on several podcasts on Māori health and highlights many of the inequities in our health system.¹

She is eloquent and occasionally self-deprecating and is unafraid to call things as she sees them. Emma travels to the frontlines of healthcare in New Zealand, where medical decisions are made every day, and where the statistics show that Māori are suffering: Māori die younger, get chronic illnesses earlier and receive less care than non-Māori.

Reference:

1. Getting Better - A Year in the Life of a Māori Medical Student. RNZ Podcast series (2020) [View here](#)

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