Goodfellow Gems are chosen by Goodfellow Director, Bruce Arroll to be either practice changing or thought provoking. You are being mailed these as you are a member of the Goodfellow learning community.

Long covid in patients who were not hospitalised

This is from an Arizona cohort of 3,030 non-hospitalised patients.¹ While some patients recover quickly, persistent symptoms are not uncommon. All patients had a positive covid test and were followed for a median of 61 days (range 30 to 250).

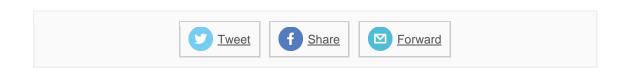
The paper reports on 28 symptoms. After 30 days, fatigue was reported in 37.5% of patients, and after 60 days, it was 47.1% (some lost to follow up). For breathlessness for those time periods, it was 37.5% and 45.5%. The 5th most common symptom was changes to smell or taste, 26.4% and 24.8. High blood pressure was present in 11.1% and 14.1%, respectively. The median number of symptoms was 3 (range 1 to 20).

The response rate to the initial questionnaire was 55.8% and was completed by 24/2/2021, so it is not clear if this included the delta variant.

Reference:

 Post-acute sequelae of COVID-19 in a non-hospitalized cohort: Results from the Arizona CoVHORT. Plos One (2021) View here

Click here to view more Gems



If this email was forwarded to you and you would like to automatically receive Goodfellow Gems Click here.

Copyright © 2021 Goodfellow Unit, All rights reserved.

You are receiving this email as you are a registered member of the Goodfellow Learning website www.goodfellowunit.org

Our mailing address is:

Goodfellow Unit The University of Auckland | Grafton Campus 22-30 Park Ave, Grafton Auckland, Auck 1023 New Zealand