

 Goodfellow Gems are chosen by Goodfellow Director, Bruce Arroll to be either practice changing or thought provoking. You are being mailed these as you are a member of the Goodfellow learning community.

Ivermectin probably not effective for COVID-19

Ivermectin has been proposed as an effective treatment for COVID-19. A Tools for Practice looked at the best evidence in terms of important outcomes and found no benefit in the two best RCTs.¹

There have been a number of other studies looking at surrogate outcomes such as viral load. Most of those are in developing countries and may improve health by clearing the GI worm load.

The Tools for Practice group contributed to a podcast pointing out that Ivermectin appears to be the rallying point for anti-vax doctors.² It is also an interesting discussion on the quality of the evidence. The North American manufacturer Merck does not support its use which is an important fact.

References:

1. Opening a can of helminths: Ivermectin for COVID-19. Tools for Practice #297 (2021) [View here](#)
2. Best Science Medicine podcast. Episode 490: Opening a can of helminths: Ivermectin for COVID-19 (2021) [View here](#)

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