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Recurrent leg cellulitis: compression stockings can help

Recurrent leg cellulitis can be difficult to treat. Always check for the portal of entry, especially between toes (athlete's foot). Tools for Practice¹ found that compression therapy reduced recurrence to 15% compared to 40% with education alone at six months in patients with chronic leg oedema and recurrent cellulitis.

Compression stockings are a good treatment option for patients without contraindications, although real-world patient uptake may be limited.

Reference:

1. Under Pressure: Compression stockings for recurrent cellulitis? Tools for practice #301 (2021) [View here](#)

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