

 Goodfellow Gems are chosen by Goodfellow Director, Bruce Arroll to be either practice changing or thought provoking. You are being mailed these as you are a member of the Goodfellow learning community.

Eating disorders: what to do when waiting for the referral

Our clinic recently had a situation of waiting with a patient who was losing 1 kg per week. They had a referral to a secondary service but some time away. The parents were very distressed.

Some useful resources for parents while they wait include:

- [F.E.A.S.T info for parents](#)
- [EDANZ](#)
- [Eating disorders. Mental Health Foundation](#)
- [Eating disorders. Health Navigator NZ](#)

For clinicians: [Regional clinical pathways](#).

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Women's Health Day

Saturday 7 May 2022

A full online webinar day with some of New Zealand's
leading clinicians and specialists



Find out more here: [Women's Health Day](#)

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