



Alzheimers News – August 2025

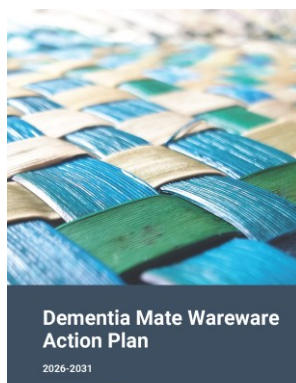
We couldn't let this opportunity go by without saying farewell to Aotearoa New Zealand's first Aged Care Commissioner **Carolyn Cooper**, who will finish in this role at the [end of this month](#). She's been a strong advocate for the sector – we appreciate everything she's done to improve the lives of older people and wish her well in the future.



Summit 2025: Inspire, inform and connect

You won't want to miss our [exciting panel line-up](#) on day one of our Summit. We're delighted to welcome The Selwyn Foundation's Denise Cosgrove, Aged Care Association's Tracey Martin, Dr Makarena Dudley and Elizabeth Duke alongside our Chief Executive Catherine Hall. Join us on 23 and 24 September in Auckland and online. We hope you can make it!

[Register now](#)



Have your say on the refreshed Action Plan

We and our fellow kaitiaki are pleased to share the draft of the refreshed Dementia Mate Wareware Action Plan with you. Thanks to everyone who has shared their thoughts so far, and a reminder we'd love to hear your feedback by Sunday 24 August.

[Have your say](#)



Long overdue update on Health NZ's review of aged care system welcome

We're calling on urgent government action following the recent update on the long overdue review of Aotearoa New Zealand's aged care system from Health NZ.

[Read more](#)



Challenge the stigma this World Alzheimers Month

Are you sure you actually have dementia? Our Lived Experience Advisory Group will answer this and some of the other common questions they get as part of World Alzheimers Month in September. Get involved and show your support!

[Get involved](#)



Taking a different approach to problems to reduce distress

Our [Dementia Learning Centre](#) Director Caroline Bartle explores the different systems factors in reducing stress for people living with dementia mate wareware in the second part of this blog.

[Learn more](#)



Take the 30-Day challenge

Every step counts in supporting dementia care! Join our 30 Minutes a Day for 30 Days fundraising challenge in September and help support those living with dementia mate wareware. Whether you walk, dance, or cycle – just 30 minutes of movement can make a difference to both your health AND theirs. Ready to lace up for a cause? Sign up now!

[Sign up](#)



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