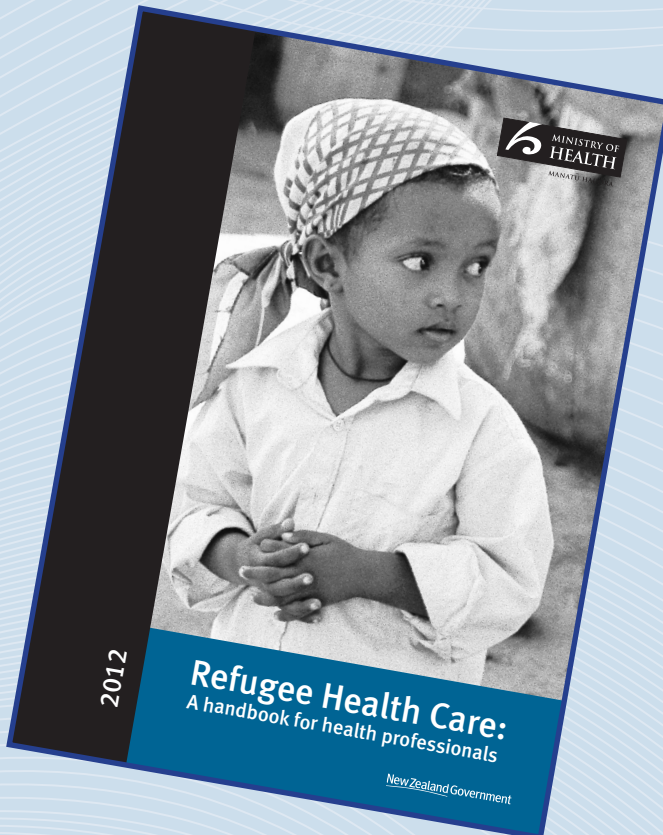


The  
**Refugee Health Care:  
A Handbook for  
Health Professionals**  
has just been released



**The *Refugee Health Care Handbook* was developed for health workers who care for people from refugee backgrounds including quota refugees, asylum seekers and family reunion members.**

The book provides insights into the cultural and ethnic backgrounds of the main refugee groups in New Zealand but also provides guidance to health professionals on conducting culturally sensitive consultations and the effective use of interpreters.

The advice on physical and mental health issues common to refugees, including conditions which may be unfamiliar to New Zealand medical practitioners is important in managing the care of the refugee patient and their family.

The 2012 update discusses new refugee communities settled in New Zealand; emerging trends in the health of refugee groups; and current therapies.

The handbook contains a list of key contacts for health providers including information about the screening services provided by Auckland Regional Public Health Service; settlement support services; and mental health service provision.

Written in consultation with general practitioners, experts in the field and people from refugee backgrounds, it is designed to support health workers in primary, community and secondary health care settings in the delivery of safe, effective and culturally appropriate care for their refugee patients.

An electronic version of the handbook can be downloaded from [www.health.govt.nz](http://www.health.govt.nz) – search for the *Refugee Health Care: A Handbook for Health Professionals 2012*.

Hard copies can be ordered online from the Ministry of Health website [www.health.govt.nz](http://www.health.govt.nz) or by calling (04) 496 2277 and quoting HP 5410.

