NPNZ has had another very active year. In October 2015 NPNZ membership was 122 and end September 2015 is 145. The total number of practicing Nurse Practitioners registered with Nursing Council is 201 as at 9 September 2016. This report includes information from the membership who responded to a request to highlight their successes and achievements since October 2015. The report is an impressive sample of the capacity of NPNZ membership.

The changes to NPNZ Exec last year gave us an opportunity to be more responsive in representation of and advocating for the needs of the membership and the developing nurse practitioner workforce. However, there are always challenges when all exec positions are voluntary and done in their “spare time” and while the commitment each gives is a credit to their dedication to support and work not only for the membership but all NPs in NZ the commitment varies and there is risk of burnout.

At the NPNZ meeting 14 October 2016 Jane Jeffcoat will commence a stand down as Chair with the appointment of a chair elect that will transition over the next year. Mark Baldwin will stand down as Secretary with a similar transition/mentored period for the incoming secretary. The current exec members represent areas of practice including Primary Care, Emergency Care, Older Adults, Adult Mental Health, Neonatal, Adult and Chronic Disease Management, High Dependency, Adult Longterm Conditions, Ophthalmology, Adult Cardiology. The NPNZ executive members are:

- Chair - Jane Jeffcoat
- Immediate past chair – Michal Boyd
- Chair elect - vacant
- Secretary – Mark Baldwin
- Treasurer – Jane Pope
- Social media and webmaster – Andrew McLachlan
- Conference convener - Helen Topia
- NP development workshop facilitator - Michal Boyd (with Bernadette Paus non-exec member)
- Special projects (ACC) – Dianne Williams
- Special projects - Mary Jo Gagan
- Special projects – Josephine Davis Wheaton
- Special projects – Carol Slight

Mission: Nurse Practitioners New Zealand (NPNZ) is an organization that provides a collective voice to advance Nurse Practitioner (NP) practice and enable high quality integrated and accessible healthcare throughout New Zealand.

Values:
- Excellence in health through service delivery, research and policy
- Closing the gaps in healthcare
- Honest and respectful partnerships
- Nurse Practitioner leadership for New Zealand Nurse Practitioners
- The Treaty of Waitangi is the foundation for nurse practitioner practice

Aims:
1. Promote excellence in advanced clinical nursing through practice, education and research
2. Enhance capacity of the Nurse Practitioner practice in New Zealand
3. Provide Nurse Practitioner leadership for legislation, regulation and policy development
4. Provide resource and consultation for healthcare practice in New Zealand

Plans for 2016/2017 will be developed at NPNZ meeting 14 October 2016 in Wellington.
2016 NPNZ STRATEGIC Plan and Activities

**Aim 1:** Promote excellence in advance clinical nursing through practice, education and research

1A. **Dr Michal Boyd, NP Older Adults:**

- (Continued from 2015). Nurse Practitioner Training Programme. Health Workforce New Zealand. University of Auckland Programme Lead. Funding has been allocated for the training programme to continue.

- Waitemata DHB CARE project – Primary Health Care Gerontology Care Coordination and integration.

- Perpetual Guardian Ted and Molly Carr Trust: Cognitive Impairment Pathway and Dementia End of Life Care Project.

- MBIE National Science Challenge- Ageing Well – Phase 2 End of Life with Dementia Evaluation Research.

- MBIE National Science Challenge - Ageing Well – Older people in retirement villages: unidentified need & intervention research. PI Prof. Martin J Connolly, Dr Michal Boyd co-investigator, Dr Joanna Broad, Dr Katherine Bloomfield, Professor Merryn Gott, Dr Kathryn Peri, Mr Tony Zhang, Dr Dale Bramley.

- CARE Project Evaluation – Waitemata DHB.

**Publications:**


Book Chapters:


1B. Karyn Bycroft, NP Child and Youth Palliative Care:

- Education in Palliative and End of Life Care (EPEC) – Paediatric. Brought this train-the-trainer model for the first time to the South Pacific, programme to teach clinicians (Nurses in advanced practice, paediatricians) how to teach paediatric palliative care in their respective institutions. (Karyn can be contacted through NPNZ for further information regarding this programme)

1C. Dr Mary Jo Gagan, NP PHC:

- Third Age Health Services has expanded into the Bay of Plenty. Mary Jo is part of 1Da three member team, the first virtual practice to be accepted into the WBoP PHO. There are few NPs working outside of a DHB or academic situation, lending support to the idea that NPs do not have to be "trained for a particular position in a DHB to find a position upon graduation". NPs are able to find/make positions and move around the country at will. Progress is being made.

1D. Andy McLachlan, NP Cardiology:


1E. Di Williams, NP PHC:

- Five NPS & Five in the making:

A new model of PHC for Marlborough general practices in 2015 which included the clinical skills of a seasoned PHC NP employed and championed by the Marlborough Primary Health Organisation from November last year.

The new role for the region saw a PHC NP working firstly in the Afterhours Clinics for about 5mths to support all general practice clinics to provide urgent care every evening until 10pm over weekends and public holidays 8 am until 10pm.

By working in this manner the NP was able to work collegially with ED and every GP in the region as they rotated through the roster, to show by example the depth and breadth of her clinical skills, knowledge and limits, gaining the trust of practitioners and the public alike. NP care is a new concept for most people in Marlborough, despite much wider recognition across NZ.

For the 3rd quarter of 2016 the PHC NP has been seconded as fulltime locum cover to support GP leave at four of Blenheim's busy medical practices. Having 20min appointments allows for comprehensive care as patients have more time to discuss issues and have health education, often reducing the need for follow up and improves self-management.

Through working across several practices as well as close links with the DHB, nursing staff have had the opportunity to fully grasp what the NP role can achieve and it has encouraged them to extend their clinical skills and pursue their potential as a workforce.

Several GP practices in Blenheim are now exploring new models of team care to better utilise the capacity and capability of their Practice Nurses. Integrating CNS care and support and meet the needs of more complex care is also underway in many general practices.

This year has seen the NP workforce expanding in Marlborough. The PHO has recently employed a Paediatric NP part time at the afterhours clinic and developed an NP intern position in Eldercare that works across Blenheim based GP practices/residential care/ DHB; two Palliative Care NPs have been employed by Hospice with an intern NP on the pathway. FPA has also employed a part time NP for the past 3 years. One GP practice is supporting a practice nurse on the start of her journey to NP.

Over the hill in Nelson, another PHC nurse has her NP panel interview in October. Two NP interns in Nelson are on the fast track program with Auckland University to be completed by the end of this year and have also been supported by the FPA and PHC NP.

Aim 2: Enhance the capacity of the Nurse Practitioner profession in New Zealand.

2A. While not all positions are as direct representatives of NPNZ the list does demonstrate the long arms of NZ Nurse Practitioners and NPNZ members. This includes NPNZ member participation as member and chair positions on Nursing Council Nurse Practitioner panels.

2B. Dr Michal Boyd, NP Older Adult:

- 2016 Alzheimer’s Auckland Board Member

- 2015 Waitemata DHB Best Publication of the Year Award: Residential Aged Care Integration Programme Evaluation.

- 2015 Waitemata DHB Innovations Award for Integration: Cognitive Impairment Pathway
- 2014-2016 Older People’s Strategy Expert Advisory Committee, Ministry of Health
- 2013-present Board Member Hospice New Zealand
- 2012-present Fellow of the American Academy of Nurse Practitioners

2C. Karen Bycroft, NP Child and Youth Palliative Care:

- Member of national Paediatric Palliative Care Clinical Reference Group (Paediatric Society/Ministry of Health appointed)
- Executive member of Perinatal Palliative Care Society Australia and NZ
- Member of Australia and NZ Paediatric Palliative Care Reference Group
- Adolescent and Young Adult Cancer National Governance Group (Ministry of Health appointed)
- Adolescent and Young Adult Cancer National Standards of Care working group (Ministry of Health appointed)

2D. Rachel Hale, NP Older Adult:

- Representing Nursing Council and NZNO on HDC Expert panel

2E. Louise Leonard, NP MH&A:

- Member the DANA Credentialing Advisory Group and through that have ongoing contact with Australian Addiction NPs

2F. Andrew McLachlan, NP Cardiology:

- Current chair of the cardiac prevention and rehabilitation section: A working group of the Cardiac Society of Australia and New Zealand
- Trustee of the Health Navigator Charitable Trust

2G. Rachael Prestorius, NP Primary Health Care:

- Represents the College of Nurses on RHANZ (Rural Health Alliance Aotearoa NZ) as a Council member

2H. Teena Robinson, NP Adult Elective Perioperative:

- Nursing representative Perioperative Mortality Review Committee (POMRC). The Perioperative Mortality Review Committee (POMRC) is an independent mortality review committee that advises the Health Quality & Safety Commission on how to reduce the number of perioperative deaths in New Zealand. Its aim is to reduce these deaths and improve the quality of the health system and, outcomes for patients. Our 5th Annual Report was released this year.

2I. Kate Stark, NP Primary Health Care Lifespan

- NZNO College Primary Health Care Nurses Executive Committee April 2015- currently.
- Co-Editor CPHCN LOGIC: Journal of the CPHCN.
- External CPHCN Rep: Liaison NZRGPN April 2015-currently.
- External Rep CPHCN: MOH PRIME Review Steering Group July 2016-currently and Member Clinical Governance Working Group for PRIME Review.
- External rep NZRHAG August 2016-currently.

2J. Trish White, NP Urology:
- Vice chairperson New Zealand Urology Nurses Society
- Member MOH Prostate Cancer Quality Improvement Project

Aim 3: Provide Nurse Practitioner leadership for legislation, regulation and policy development to identify and actively advocate for removal of barriers to NP practice.

3A. October 2015 and April 2016: NPNZ Meeting with Chief Nurse Dr Jane O’Malley and Senior Advisor from Office of the Chief Nurse

3B. October 2015: NPNZ representation to Health Select Committee on Health Practitioners Replacement (of Statutory Reference to Medical Practitioners) Bill. Representation team were NPs Dr Michal Boyd, Mark Baldwin, Louise Leonard, Carol Slight and Jane Jeffcoat.

3C. NPNZ submissions since September 2015 – September 2016

- 24th September 2015: Health Practitioners Replacement (of Statutory Reference to Medical Practitioners) Bill
- 19th October 2015: Raised the issue of Special Authority with Pharmac
- 3rd December 2015: Submission on New Zealand Health Strategy Update
- December 2015: South Island Workforce development hub issued their New Zealand Nurse Practitioners Survey
- 17th December 2015: Submission on Consultation on Education Programme Standards and Competencies for Nurse Practitioner scope of practice
- 8th Jan 2016: Pharmac, proposal to list new respiratory products and changes to some currently listed products
- 22nd January 2016: Options for the regulation of prescribing and dispensing in New Zealand
- 24th February 2016: Consultation on the amendment of the Medicines (standing order) regulations to enable optometrists with therapeutic agents endorsement to issue standing orders
- 26th February 2016: Submission on the Taking action on foetal alcohol spectrum disorder discussion document
- 26 April 2016: Substance addiction (compulsory assessment and treatment) Bill
- 20 June 2016: Social Security re-write Bill
- 5th August 2016: Proposals in related to Nurse Prescribers (Pharmac)
- 7th September 2016: Draft Health of the Older Adult strategy

4A. Dr Michal Boyd, NP Older Adult: - Commissioned reports:


4B. Louise Leonard, NP MH&A:

- Contributed to submissions on Substance Addiction Compulsory Assessment and Treatment (SACAT) Bill and the submission on FASD

I would like to congratulate all NPNZ Members on their achievements and also thanks for their contribution to NPNZ, Nurse Practitioners and the nursing profession.

Sincerely,

Jane Jeffcoat Chair NPNZ FCNA (NZ)
Nurse Practitioner
Taumarunui Emergency Department
Waikato DHB

Associate Lecturer/Practice Partner
Postgraduate Nursing
Centre for Health and Social Practice
Waikato Institute of Technology